

Intermediate TOEFL Speaking Samples 1 to 3

AUDIO SCRIPTS

QUESTION 1:

Sample response:

There are two methods that I find best for reducing stress. The first method is having a long, relaxing bath and then listening to soft music. After a stressful day, this helps me fall asleep more quickly, and wake up stress free the next morning. The second method is drinking a nice hot cup of coffee or tea in a quiet place. When I feel stress in the middle of the day, I find that resting 20 minutes in a quiet place with a warm beverage lowers my stress level significantly.

QUESTION 2:

Sample response:

I was very proud of my brother when he was accepted into medical school. He had applied to medical school four times in the past, but he was not accepted. Still, he applied for a fifth time. On the fifth try, he did better during his interviews and provided strong letters of recommendation. He was accepted to medical school at last! It took five years, but he finally achieved his goal. I was very happy and excited for him. I learned an important lesson from this. You must be persistent in trying to achieve your goals.

QUESTION 3:

Sample response:

When I was growing up, my family had both fish and a dog. These animals were an important part of our family. I now feel very comfortable around all animals. From my experience, I think that pets have a strong, positive impact on families. For example, my family spent a lot of time together taking care of our pets, which gave us a sense of unity. In addition, our pets taught me and my siblings responsibility. We also learned how to deal with death when our fish died. Animals can bring families together and teach us important life lessons.